

Details of any Continuous Medical Education (CME) programmes, conferences and/or any academic activities conducted by the institution:

1. National Workshop on “Nasya Karma & its Clinical Utility” organized by Ishan Ayurvedic Medical College & Research Centre, Greater Noida on 6th & 7th September 2019.

Over 200 delegates from all over India incl. states of Karnataka, Jammu, Maharashtra, Rajasthan, Uttarakhand, Haryana, Uttar Pradesh, Delhi, Madhya Pradesh etc. participated in the 2 day residential workshop.

2. Seminar on “Prevention & Precaution in Rainy Season” organized by Ishan Ayurvedic Medical College & Research Centre, Greater Noida on 5th August 2019.

More than 100 students attended. Various topics relating to prevention and precaution during the rainy season were discussed.

3. Seminar on “Prevention & Precaution” organized by Ishan Ayurvedic Medical College & Research Centre, Greater Noida on 21st August 2019.

More than 150 students attended. Various topics relating to prevention and precaution during the rainy season were discussed.

4. **Topic: Awareness about Obesity - on the occasion of World Obesity Day**

Speakers:

Dr. Jyoti Chavan, Dr. Rini Bhardwaj

Date and Time: 4th March 2022, 2 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/261546102826619/>

YouTube: <https://www.youtube.com/watch?v=XrKiS0Tf1JM>

5. **Topic: Immunity boosting with Ayurveda**

Speakers:

Dr. Leena Borude

Date and Time: 10th December 2021, 3 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/697516087818809/>

YouTube: https://www.youtube.com/watch?v=Gb_CZPnf4g

6. Topic: Insight of Pranvaha Srotas

Speakers:

Dr. Shalini Prakash, Asst. Prof., CBPACS, New Delhi

Dr. Divya Kajari, Asst. Prof., AIIA, New Delhi

Date and Time: 7th August 2021, 11 AM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/371179581248465/>

YouTube: https://www.youtube.com/watch?v=nT0i_o1ne3U

7. Topic: Principles of effective teaching, learning and E-learning

Speakers:

Dr. Shalini Raj, Asst. Prof., AIIA, Delhi

Date and Time: 31st July 2021, 11 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/347412957013727/>

YouTube: <https://www.youtube.com/watch?v=-djUsN5KAFs>

8. Topic: Suwarn-prashan (A beneficial nano-formulation)

Speakers:

Prof. Dr. Brij Mohan Singh, HOD, Dept. of Kaumarbhritya, BHU

Date and Time: 30th May 2021, 10 AM

Link:

Facebook <https://www.facebook.com/ishan.ayurved/videos/224967682448719/>

YouTube: <https://www.youtube.com/watch?v=hxFEAK1BjY8>

9. Topic: Health & Immunity for Children

Speakers:

Dr. A. K. sharma, Dr. Anup Kr. Mishra, Dr. Prachi Mishra

Date and Time: 29th May 2021, 3.30 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/186547910009344/>

YouTube: <https://www.youtube.com/watch?v=7SpZWjWCsK0>

10. Topic: Introduction and Scope of Sharir Rachna

Speakers:

Dr. Ramchandra Thavil, Professor - Sharir Rachna

Date and Time: 6th June 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/256855059094798/>

YouTube: <https://www.youtube.com/watch?v=XN0z2CxEZmU>

11. Topic: Introduction and Scope of Agadtantra

Speakers:

Dr. Vidya Undale, Assoc. Professor - Agadtantra

Date and Time: 7th June 2020, 4:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/2590460964505341/>

YouTube: <https://www.youtube.com/watch?v=f3sV2gkvdP>

12. Topic: Infertility

Speakers:

Dr. Bhagyashri Khot, Professor - Prasuti Tantra & Striroga

Date and Time: 13th June 2020, 2:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/369797343979313/>

YouTube: <https://www.youtube.com/watch?v=h-CHEZVJpeU>

13. Topic: Role of Parad in Ras Shastra

Speakers:

Dr. Aparna Deshpandey, Assoc. Professor - Ras Shastra & B.K.

Date and Time: 15th June 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/315472959467061/>

YouTube: <https://www.youtube.com/watch?v=-Xcm0SnI6-Q>

14. Topic: How to Maintain Mental Health in Covid Times**Speakers:**

Dr. Deepti Patil, Consulting Psychologist & Clinical Hypnotherapist

Date and Time: 16th June 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/717955225637148/>

YouTube: <https://www.youtube.com/watch?v=GkBGWBgfanw>

15. Topic: Madhumeha Nidan Panchak**Speakers:**

Dr. Mayur Deshmukh, Asst. Professor - Rog Nidan Avum Vikruti Vigyan

Date and Time: 17th June 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/910713412779116/>

YouTube: <https://www.youtube.com/watch?v=qDHQh3Lc0uk>

16. Topic: Role of Sanskrit in Ayurveda**Speakers:**

Dr. Sayali Niranjan Deshmukh, Ayurvedic Practitioner

Date and Time: 20th June 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/2384975908467227/>

YouTube: <https://www.youtube.com/watch?v=uWPBgkRiyWo>

17. Topic: Importance of Ayurveda in Current Era

Speakers:

Dr. Harish Patankar, Director - Keshayurved

Date and Time: 22th June 2020, 1:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/735293267226194/>

YouTube: <https://www.youtube.com/watch?v=GiUY6yA8btk>

18. Topic: Disease wise Agni Involvement & their Management Plans

Speakers:

Dr. Ramchandra P.Babar, Assoc. Professor - Kaumarbhritya

Date and Time: 23th June 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/970017896762928/>

YouTube: https://www.youtube.com/watch?v=-xzD0_edYc

19. Topic: Ayurvedic Dietetics

Speakers:

Dr. Prasad Prakash Deshpande, Asst. Professor - Swasthavritta

Date and Time: 1st July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/273544293759868/>

YouTube: <https://www.youtube.com/watch?v=RQ6cmGzp7Vw>

20. Topic: Anatomy of Heart

Speakers:

Dr. Praveen N. Sahave, General Surgeon & Ayurveda Consultant

Date and Time: 4th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/199455434722183/>

YouTube: <https://www.youtube.com/watch?v=Bgu-bfkjmvs>

21. Topic: How to Write a Case in Clinical Journal

Speakers:

Dr. Anand Vijay Kalaskar, Assoc. Professor - Rog Nidan Avum Vikruti Vigyan

Date and Time: 8th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/606577109984624/>

YouTube: <https://www.youtube.com/watch?v=NHR4cuwJS3s>

22. Topic: Diabetic Nephropathy

Speakers:

Dr. Aparna Sathe, Assoc. Professor - Kayachikitsa

Date and Time: 9th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/645192092754064/>

YouTube: <https://www.youtube.com/watch?v=NI7jSl69McA>

23. Topic: Clinical Aspect of Aushadh Sevan Kaal

Speakers:

Dr. Pravinkumar A. Mishra, Asst. Professor - Kayachikitsa

Date and Time: 11th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/207329860554987/>

YouTube: <https://www.youtube.com/watch?v=clvJC9ycPf0>

24. Topic: Ayurvedic Tricology and Cosmetology

Speakers:

Dr. Rashmi Dande, Ayurvedacharya and Nadi Tadnya

Date and Time: 14th July 2020, 3:00 PM

Link:

YouTube: https://www.youtube.com/watch?v=ygt_ByXKMrI

25. Topic: Dhatu Dushti & Strotas Parikshan

Speakers:

Dr. Prasad.S. Deshpande, Ayurvedacharya

Date and Time: 15th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/1156839814679038/>

YouTube: <https://www.youtube.com/watch?v=5g0ph4gFUN8>

26. Topic: Clinical Aspect of Dravyaguna Principles

Speakers:

Prof.(Dr.) Lad Meenal Deepak, Professor & H.O.D (Dravyaguna)

Date and Time: 18th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/638546083535200/>

YouTube: <https://www.youtube.com/watch?v=xD1i4p9MWGk>

27. Topic: Stress Management with Yog (A Scientific View)

Speakers:

Prof.(Dr.) Kavita Khond, Principal & Professor (Rachna Sharir)

Date and Time: 20th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/220347605782825/>

YouTube: <https://www.youtube.com/watch?v=MBcrNHRw1-Q>

28. Topic: Cranial Nerves and Clinical Examinations

Speakers:

Prof.(Dr.) Mohan Yende, Vice-Principal & H.O.D (Rachna Sharir)

Date and Time: 23th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/606065873381249/>

YouTube: <https://www.youtube.com/watch?v=NMuM5bf6MV4>

29. Topic: Impact of Lockdown on Gynecological Disease(PCOS/PCOD) & Change in Lifestyle

Speakers:

Dr. Sangeeta Giri, Consultant Gynecologist (PCOS Specialist)

Date and Time: 25th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/618217939118353/>

YouTube: <https://www.youtube.com/watch?v=wSdUaooaDAE>

30. Topic: Clinical Importance of Marma

Speakers:

Dr. Ashutosh Pathak, Asst. Professor - (Rachna Sharir)

Date and Time: 28th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/294097195235796/>

YouTube: <https://www.youtube.com/watch?v=cUBs0Vx8DC0>

31. Topic: Practical Applicability of Intrauterine Lipid Instillation (Uttarbasti) in Females

Speakers:

Prof.(Dr.) Swati Surendra Mohite, Professor & H.O.D (Prasuti Tantra & Striroga)

Date and Time: 30th July 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/2826587520961578/>

YouTube: <https://www.youtube.com/watch?v=100oHTZgAy4>

32. Topic: Prakriti Parikshan w.s.r. to COVID-19 Recovery Rate- a view

Speakers:

Prof.(Dr.) Madhusudan Gupta, Principal & Professor (Kriya Sharir)

Date and Time: 1st Aug 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/339800627030980/>

YouTube: <https://www.youtube.com/watch?v=GKPi4mNez2o>

33. Topic: Mental Disorders and Its Medico legal Aspects (Forensic Psychiatry)

Speakers:

Dr. Mamta P. Adhao, Assoc. Professor - (Agadtantra)

Date and Time: 4th Aug 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/2742046556037389/>

YouTube: <https://www.youtube.com/watch?v=5K4MlwJk4hl>

34. Topic: Scope for Ayurvedic Practitioners in Post Covid -19 Era

Speakers:

Dr. Varun Suthra, Director - Kalinga Institute of Social Sciences

Date and Time: 6th Aug 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/1197344703959829/>

YouTube: <https://www.youtube.com/watch?v=OeRk9WKswaA>

35. Topic: Description of Ahar (According to Ayurvedic Literature)

Speakers:

Dr. Anjali Wagh, Ayurvedic Practitioner

Date and Time: 8th Aug 2020, 1:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/1579229372236620/>

YouTube: <https://www.youtube.com/watch?v=njuRbCM8bms>

36. Topic: Practical Approach of Panchkarma sthanik in lifestyle disorders in females

Speakers:

Dr. Shruti R.Singh, Asst. Professor (Prasuti Tantra & Striroga)

Date and Time: 17th Aug 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/2809846379282193/>

YouTube: <https://www.youtube.com/watch?v=xjNIVJFcaWE>

37. Topic: Surgical Anatomy of Anorectal Canal wsr to Haemorrhoids

Speakers:

Dr. Sachin Mittal, Asst. Professor - (Shalyatantra)

Date and Time: 20th Aug 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/338783660631306/>

YouTube: <https://www.youtube.com/watch?v=6a2wDwNQL4I>

38. Topic: Snakebite Poisoning and its management

Speakers:

Dr. Varun Rajpuria, Asst. Professor - (Agadtantra)

Date and Time: 2nd Sep 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/304660657430596/>

YouTube: <https://www.youtube.com/watch?v=5k4weaWjRsY>

39. Topic: Medical Evidence

Speakers:

Dr. Yuvraj Kaushik, Asst. Professor - (Agadtantra)

Date and Time: 4th Sep 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/3404111906277995/>

YouTube: <https://www.youtube.com/watch?v=3RN7sGDVYmw>

40. Topic: Understanding Arsha (Piles) and its Management

Speakers:

Prof.(Dr.) Nagesh Gandagi, Professor (Kayachikitsa)

Date and Time: 7th Sep 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/619766615395205/>

YouTube: <https://www.youtube.com/watch?v=ZVNN9RKz1js>

41. Topic: Concept of hridaya roga (Heart disease) in view of Ayurveda and Modern Science

Speakers:

Prof.(Dr.) Shubhangi Patil (Gandagi), Professor & H.O.D (Rognidan)

Date and Time: 9th Sep 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/3553126374750963/>

YouTube: <https://www.youtube.com/watch?v=ZqLRf-b471I>

42. Topic: Ayurvedic Hair Analysis and Panchakarma

Speakers:

Dr. Swapnil Darunde, Asst. Professor - (Swasthavritta)

Date and Time: 14th Sep 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/977990742715397/>

YouTube: <https://www.youtube.com/watch?v=HL4u5TCQI14>

43. Topic: Classical Method of Vaman Karma

Speakers:

Prof. (Dr.) Tiwari Virendranath Jagdish, Professor & H.O.D (Panchkarma)

Date and Time: 26th Sep 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/349568009429720/>

YouTube: <https://www.youtube.com/watch?v=AmqPbu9zQX0>

44. Topic: Corona Pratibandhak Aushadi

Speakers:

Dr. Dilip Prabhakar Kulkarni, Ayurvedacharya

Date and Time: 15th Oct 2020, 3:00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/437293563907002/>

YouTube: <https://www.youtube.com/watch?v=aE1Ihd7tOwc>

45. Topic: Sanskrit Abhyas Varga

Speakers:

Dr. Sayali Niranjana Deshmukh, Ayurvedic Practitioner

Date and Time: 6th Aug 2020, 1.00 PM

Link:

YouTube: <https://www.youtube.com/watch?v=N7spV6-r1i0>

46. Topic: Online Knowledge Development Program on Panchkarma Punra-Avlokanam

Speakers:

Dr. U.S. Nigam , EX HOD & Professor, Consultant Charak Pharma

Dr. V.J. Tiwari , Professor& HOD,

Dr. Kalpana Gholap , Associate Professor,

Dr. Amandeep Kaur , Assistant Professor,

Dr. Akshaya Ghanshyam Patil , Assistant Professor,

Dr. Vignesh Pillai, Assistant Professor,

Dr. Rupali Kokane Pol, Ayurvedic Practitioner,

Dr. Satyadev Arya, Assistant Professor

Date and Time: 9th Nov 2020, 11.00 AM to 4.00 PM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/382884819520625/>

YouTube: https://www.youtube.com/watch?v=WkVdBqWq_TA

47. Topic: National Ayurveda Day

Speakers:

Dr. Anup Mishra, Assistant Professor,

Dr. Naveed Us Saher Khan, Assistant Professor

Date and Time: 13th Nov 2020, 11.30 AM

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/499870080977268/>

YouTube: <https://www.youtube.com/watch?v=utiP0hsVRJE>

48. Topic: Seminar on Integrative Approach Towards "Novel Coronavirus 2019"

Speakers:

Dr. Pankaj Bansal, Senior Consultant,

Dr. Bhagwaan Sahay Sharma, Professor,

Dr. Anup Mishra, Assistant Professor,

Dr. Naveed Us Saher Khan, Assistant Professor

Date and Time: 11th Feb 2020, 2.30 PM

Link:

YouTube: https://youtu.be/j4_HhEp5tGM

49. Topic: National Workshop - Nasya Karma & Its Clinical Utility

Date and Time: 6th-7th Sep 2019, 10.00 AM to 5.00 PM

Link:

Facebook: <https://fb.watch/3qgpexnBC6/>

50. Topic: Maintaining a Better Lifestyle & Immunity (Modern Medicine & Ayurvedic Approach) NIRC WEBINAR Institute of Chartered Accountants of India (ICAI)

Speakers:

Dr. Nikita Sharma (Asst. Prof.), Ishan Ayurvedic Medical College & Research Centre

Dr. Prachi Misra (Asst. Prof.), Ishan Ayurvedic Medical College & Research Centre

Dr. Satyadev Arya (Asst. Prof.), Ishan Ayurvedic Medical College & Research Centre

Dr. Snigdha Aggarwal (General Physician)

Dr. Sakshi Bakshi (Asst. Prof.), Ishan Ayurvedic Medical College & Research Centre

Date and Time: 23th April 2020, 4PM to 6PM

Link:

Facebook:

Youtube: <https://youtu.be/cZ-yldFe9Eo>

51. Topic: Maintaining Healthy Lifestyle & Boosting Immunity - Modern Medicine & Ayurvedic Approach (Tennews Network)

Speakers:

Dr. Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr. Prachi Misra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr. V.P Singh (Consultant Surgeon)

Dr. Snigdha Aggarwal (General Physician)

Dr. Sakshi Bakshi (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Date and Time: 5th May 2020

Link:

Facebook : <https://fb.watch/3udEDBkF2U/>

Youtube: <https://youtu.be/AAfw-guaXng>

52. Topic: How can Ayurveda help you lead a balanced healthy life style with special focus on pregnant women & elderly care. (Tennews Network)

Speakers: 1) Dr. Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr. Prachi Misra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr. V.P Singh (Consultant Surgeon)

Dr. Anup Mishra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr. Sakshi Bakshi (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre
Ramita Taneja (Motivational Speaker)

Date and Time: 3RD May 2020 ,10AM to 11AM

Link:

Facebook: <https://www.facebook.com/tennews.in/videos/568206933817337>

Youtube: https://www.youtube.com/watch?v=l_H9jtKAs_0

53. Topic: Grishma Ritu (Savdhani Evum Samadhan) (Tennews Network)

Speakers:

Dr.Naveed Us Saher (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Prachi Misra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Anup Mishra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Date and Time: 10 May 2020 ,10AM to 11:30 AM

Link:

Facebook: <https://www.facebook.com/tennews.in/videos/860205074481166/>

Youtube: <https://www.youtube.com/watch?v=PBreUH--akY>

54. Topic: Ayurvedic Panchkarma – Science of Healing for perfect health (Tennews Network)

Speakers:

Dr.Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Sakshi Bakshi (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Satyadev Arya (Asst. Prof.)Ishan Ayurvedic Medical College & Research Centre

Date and Time: 17 May 2020 ,10:30AM to 11:30AM

Link:

Facebook: <https://www.facebook.com/tennews.in/videos/686317472184626/>

Youtube: <https://www.youtube.com/watch?v=6yz0xonNVQA>

55. Topic: Miracles of Ayurved for Diabetes (Tennews Network)

Speakers:

Dr.Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Prachi Misra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Akanksha Ojha (Asso. Prof.)Ishan Ayurvedic Medical College & Research Centre

Date and Time: 24 May 2020 ,10:30AM to 11:15AM

Link:

Facebook: <https://www.facebook.com/tennews.in/videos/1077022992694173>

56. Topic: Ayurvedic Remedies for stomach disorders (Tennews Network)

Speakers:

Dr.Prachi Misra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Anup Mishra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Naveed US Saher (Asst. Prof.)Ishan Ayurvedic Medical College & Research Centre

Date and Time: 31 May 2020 ,10:30AM to 11:15AM

Link:

Facebook: <https://www.facebook.com/tennews.in/videos/1077022992694173/>

Youtube: <https://www.youtube.com/watch?v=zH2zUzxAy6I>

57. Topic: Management of Allergies and Infections- An Ayurvedic Prespective (Tennews Network)

Speakers:

Dr.Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Akanksha Ojha (Assoc Prof.) Ishan Ayurvedic Medical College & Research Centre

Dr.Naveed US Saher (Asst. Prof.)Ishan Ayurvedic Medical College & Research Centre

Date and Time: 7 June 2020 ,10:30AM to 11:30AM

Link:

Facebook: <https://www.facebook.com/tennews.in/videos/1311533959243669/>

Youtube: <https://www.youtube.com/watch?v=GJdjGZTMoqQ>

58. Topic: Fighting Depression through Ayurveda

Speakers:

Dr. Naveed US Saher (Asst. Prof.)Ishan Ayurvedic Medical College & Research Centre,

Dr. Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Dr. Sakshi Bakshi (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre

Date and Time: 21th June, 2020,

Link:

YouTube: <https://www.youtube.com/watch?v=VSNJgu6G5vg>

59. Topic: How Excessive Screen Time is Damaging your Eyes and Brain

Speakers:

Dr. Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Dr. Prachi Misra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Date and Time: 7th May, 2020

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/251199529329481>

YouTube: <https://youtu.be/O4q8fq3L3U8>

60. Topic: 7 Eating habits you must follow**Speakers:**

Dr. Naveed US Saher (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Dr. Nikita Sharma (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Date and Time: 6th May, 2020

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/180433816462340/>

YouTube: <https://youtu.be/rPysgvWPGcE>

61. Topic: Basic Information about Asthma**Speakers:**

Dr. Sakshi Bakshi (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Dr. Naveed US Saher (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Dr. Anup Mishra (Asst. Prof.) Ishan Ayurvedic Medical College & Research Centre,

Date and Time: 5th May, 2020

Link:

Facebook: <https://www.facebook.com/ishan.ayurved/videos/3329980793679737/>

56. Cultural Activities /Annual College Fest

"KALA KRITI" Celebrated on 16 November 2019

57. Sports Festival

"SPARDHA" Celebrated on 23-24-25 January 2020

58. Educational Trips

(A) AYURYOG -AROGYA FAIR 2021

Date: 25th – 27th September 2021

Place: India Expo Mart, Greater Noida

(B) AYURFEST 2019 *Deerghayu*

Date : 15th-16th October 2019

Place: All India Institute of Ayurveda, New Delhi

(C) Ayuryog Expo (World Assembly on Ayurveda, Yoga& Naturopathy)

Date :17th November 2019

Place: Indian Exposition Mart, Greater Noida,U.P

(D)15th Higher Educational Summit, a global Conference Exhibition organised by the

Ministry of Commerce & Industry, (FICCI) & (SEPC)

Date: 27th-29th November 2019

Place: Plenary Hall, Vigyan Bhawan, New Delhi

59. Ishan's All India Essay Completion 2019 Organised by Ishan Ayurvedic Medical College and Research Centre on September 2019

60. Ishan's All India Essay Completion 2020 Organised by Ishan Ayurvedic Medical College and Research Centre on July 2020

61. Yoga Pakhawada(Yoga Day Celebration)

Date: 15-30June 2019

62. Yoga Week (Eight International Yoga Day Celebration)

Date: 16 – 21 June 2022